



DOSING GUIDE

Use your freedom responsibly

DISCLAIMER

THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FDA AND ARE NOT INTENDED TO DIAGNOSE, TREAT OR CURE ANY DISEASE. ALWAYS CHECK WITH YOUR MEDICAL PROFESSIONAL BEFORE STARTING A NEW DIETARY SUPPLEMENT PROGRAM.

Dosing Guidelines:

After consuming one serving please wait between 60-90 minutes before consuming again.

Micro-dose

2.5mg or less. It's called a "micro-dose" for a reason. It is small. Some folks feel it, some folks don't. Kinda like having one beer...some feel it, some don't. If you are totally new to cannabis, this is generally considered the industry standard as a good starting place.



New User

For *most* people 5mg is a good place to start. Just remember, you have absolutely got to chill and wait 60-90 min before you eat more. Trust us on this one...and remember patience is a virtue.



Experienced User

10mg is for Bhang edible pros only (you know who you are). If you are starting here, then you are very unlikely to be reading this guide anyway. But if you are, the same advice as above...eat it, and chill out for 60-90 min before you decide to eat any more....again, patience is a virtue :)



Remember you can always add more, but you can't take away once you have eaten it.

Methods of Consumption



Ingestion

is when you swallow the edible, like how you normally eat food. It will be metabolized by the liver.

Sublingual

is when you place the product under your tongue and allow it to melt. Users may experience the effects more quickly & potently because the medication enters the bloodstream directly.

Buccal

is when you absorb the product between your cheek & gums. Users may experience the effects more quickly & potently because the medication enters the bloodstream directly.

Bhang chocolate is for chocolate lovers who crave a high-quality edible containing an incredible, cannabis-free taste and verified potencies that achieve a premium experience. Unlike competitors in the space, Bhang tastes like chocolate, not cannabis.

**We didn't invent cannabis chocolate,
we just perfected it.**



TASTY AF

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Why consume an edible instead of smoking?

BECAUSE



When you consume THC-infused edibles, you benefit from a consistently-dosed product which provides a controlled, long-lasting effect.



On the other hand, when you combust and inhale THC, the effects are generally more short-term and there are many variables which can make the experience less predictable.

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